**Coaching with Pelin ( Entrance)**

~~Ready to support you on your unique journey. Throughout this winding path, I commit to illuminating the way for you,~~ Assisting you in your journey of self-discovery, and inspiring you every step of the way.

**About Me**

I am a coach, an engineer, and a person who is passionate about offering heartfelt support to others.

In my 15 years of professional experience, I have completed countless projects focused on process improvement, process development, and continuous improvement. Witnessing the impact of change and innovation has always excited me. Throughout these projects, the most significant element was the joy of collaborating harmoniously with people, which became one of the most essential ingredients of success.

When I began to explore how to understand individuals, establish effective communication, and strengthen that communication even further, my coaching journey entered my life.

During my coaching training, it was profoundly inspiring to see how my initial inquiry — focused on understanding and discovering myself — evolved into a deeper process of self-awareness. Gaining new insights and achievements along the way became the biggest trigger for starting my coaching career.

I am ready to support you on your own unique journey.

**Why choose coaching?**

A person’s values, thoughts, beliefs, and life choices shape their decisions and establish their own decision-making process. The impact and outcomes of this are connected to the relationship we have with the external world and with ourselves. In this journey, the most crucial steps for an individual are self-awareness, discovering the meaning of life, and achieving their own wholeness in order to reach their ideal version of themselves.

Values

After meeting the fundamental necessities required for your life, what else do you need in your life to truly feel whole and fully alive?

Choices

By being aware of our present mindset and observing ourselves with an open mind, allow us to exercise the power of selection.

Strengths

The way we choose to apply our natural talents in different circumstances.

Call to action!

If you find yourself trapped in a situation, if you exhibit reluctance, or if you afraid to take action or simply you are curious about yourself.

Services

Coaching for individuals.

**Performance Coaching**

**Performance coaching is a goal-driven process, where the coach facilitates the coachee's journey toward achieving specific objectives. This approach begins with the clear definition of a concrete goal, which serves as the foundation for the coaching process.**

**Elevate your performance to its utmost potential.**

**Life Coaching**

**Life coaching is a transformative process in which you engage in a deep exploration of your own life, collaborating with your coach to uncover strategies for crafting a more fulfilling, empowered, and joyful existence.**

**Motivate yourself, your surroundings, and your team**

Career Coaching

Career coaching involves a personalized, one-on-one partnership between a coach and an individual, aimed at achieving professional goals and unlocking their full potential.

Unleash your potential and take decisive action.

Expat coaching

Expat career coaching is a specialized service tailored to assist expatriates in managing their professional trajectories while living and working abroad. This coaching helps individuals navigate the distinct challenges of adapting to and thriving in a foreign work environment, facilitating smoother transitions and more successful career development in an international context.

Make deliberate progress with concrete steps towards your objective.

Claim your role in the journey of transformation!

Here are some advanced motto ideas related to self-awareness:

1. "Know thyself, and the world unfolds."
2. "True strength begins with self-awareness."
3. "Awaken the mind to understand the soul."
4. "Self-awareness is the gateway to personal mastery."
5. "The path to wisdom starts with understanding yourself."
6. "To grow, first reflect."
7. "In self-awareness, we find our true potential."
8. "Clarity within, strength without."
9. "Master yourself, and you will master the world."
10. "Awareness of self is the first step to greatness."

**To be added to webpage.**

How does the process unfold?

As an initial step, we conduct a chemistry session to familiarize ourselves with one another and align our expectations. This session typically lasts between 30 to 45 minutes and is offered at no cost.

Once we mutually agree to proceed, a tailored coaching plan is developed, centered around the client's short- and long-term goals. The coaching process typically spans a minimum of 6 sessions, with a maximum of 12 sessions. These sessions typically last between 45 to 60 minutes.

Key Note!

It is an investment for yourself.

To fully benefit from coaching, it is essential to be open about both what is working for you and what may be hindering your progress, as well as to be ready to embrace change. If you would like to discuss your personal situation and explore whether coaching could support your goals, please don’t hesitate to reach out.